

CREATININE (COLORIMETRIC)

INTENDED USE

Vitro creatinine reagent is intended for the in vitro quantitative determination of creatinine in serum, plasma and urine on manual systems.

VITRO SCIENT.

METHOD

Colorimetric method Jaffé reaction with deproteinization.

BACKGROUND

Serum creatinine is a waste product formed by the spontaneous dehydration of creatine. Most of the body creatine is found in muscle tissue where it is present as creatine phosphate and serves as a high-energy storage reservoir for conversion to adenosine triphosphate. The rate of creatinine formation is fairly constant with 1-2% of the body creatine being converted to creatinine every 24 hours. Serum creatinine and urea levels are elevated in patients with renal malfunction especially decreased glomerular filtration. In the early stages of kidney damage, the rise in the serum urea levels usually precedes the increase in serum creatinine. The advantage is offset by the fact that serum urea levels are affected by factors such as diet, degree of hydration and protein metabolism. Serum creatinine levels on the other hand tend to be constant and unaffected by factors affecting serum urea levels. Thus serum creatinine is a significantly more reliable renal function-screening test than serum urea. A considerably more sensitive test for measuring glomerular filtration is the creatinine clearance test. For this test precisely timed urine collection (usually 24 hours) and a blood sample are needed¹.

ASSAY PRINCIPLE

In 1886 Jaffé described a method for the measurement of creatinine in biological fluids². Although several methods have been described since then, the original Jaffé technique is still the most widely used today.

1. After deproteinization creatinine in alkaline solution, forms a yellow-red complex with picric acid.



The intensity of the color produced is directly proportional to creatinine concentration. It is determined by measuring the increase in absorbance at 500 – 550 nm.

EXPECTED VALUES

Serum or plasma¹

Males	0.9 - 1.5 mg/dl 80 - 133 µmol/l
Females	0.7 - 1.3 mg/dl 62 - 115 µmol/l

Urine¹

Males	14 - 26 mg/kg/day 0.124 - 0.23 mmol/kg/day
Females	11 - 20 mg/kg/day 0.097 - 0.177 mmol/kg/day

Creatinine Clearance

Males	90 - 139 ml/min
Females	80 - 125 ml/min

Each laboratory should investigate the transferability of the expected values to its own patient population and if necessary determine its own reference range. For diagnostic purposes, the creatinine results should always be assessed in conjunction with the patient's medical history, clinical examination, and other findings.

REAGENTS

R₁	Creatinine standard	2.0 mg/dl
R₂	Picric acid	38 mmol/l
R₃	Sodium hydroxide	1.2 mol/l

Additional reagent required but not provided

Trichloroacetic acid	1.2 mol/l
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Please use Vitro Scient T.C.A.

• Reagent Preparation & Stability

All reagents are ready for use and stable up to the expiry date given on label when stored at 15-25°C.

Working solution (R₂ + R₃):

According to requirements, prepare the working solution by mixing equal volumes of R₂ and R₃. The working solution is stable for 6 hours at 20-25 °C, when stored in a dark bottle

SPECIMEN

- Serum, plasma, or urine.
- The only acceptable anticoagulant is heparin.

Specimen Preparation & Stability

• For serum or plasma specimen

No special preparation of the patient is necessary. Creatinine remains stable in serum specimen for at least 7 days at 4°C, and indefinitely when frozen^{1,3}.

• For urine specimen

Creatinine in urine is stable for 2-3 days at room temperature and for at least 5 days refrigerated. Collect urine without additives. If urine must be collected with a preservative for other analytes, only thymol or toluene may be used. **Urine specimens diluted 1:50 (1+49) with water prior to analysis^{1,3}.**

PROCEDURE

• Manual Procedure

Wavelength	500 - 550 nm
Cuvette	1 cm light path
Temperature	20-25 °C
Zero adjustment	against reagent blank
Specimen	Serum, plasma or urine

• Deproteinization:

Pipette into centrifuge tubes	
Serum	1 ml
Vitro TCA	1 ml

Mix well, centrifuge at 2500 rpm for 10 min. Collect the supernatant (protein free filtrate) (PFF). The PFF can be stored up to 7 days at 4°C.

	Blank	Standard	Specimen (PFF)
Dist. H ₂ O	0.5 ml
TCA 1.2 M	0.5 ml	0.5 ml
Standard	0.5 ml
PFF	1.0 ml
Working solution	1.0 ml	1.0 ml	1.0 ml

Mix well, measure the absorbance of specimen and standard against blank after **exactly 20 minute at 20 - 25°C.**

CALCULATION

Calculate the creatinine concentration by using the following formulae:

Creatinine Concentration=

$$\frac{\text{Absorbance of Specimen}}{\text{Absorbance of Standard}} \times \text{Standard}$$

For urine specimen the results must be multiplied by the dilution factor and 24 hours collections by the volume in liters.

• Unit conversion

$$\text{mg/dl} \times 88.4 = \mu\text{mol/l}$$

Creatinine Clearance

Determine serum creatinine (mg/dl).
 Determine urine creatinine (mg/dl).
 Measure urine volume / 24 hours (ml).

Then calculate the creatinine clearance by using the following formula:

$$\text{Creatinine clearance (ml/min)} = \frac{\text{Urine creatinine} \times \text{Urine volume}}{\text{Serum creatinine} \times 1440}$$

QUALITY CONTROL

It is recommended that controls (normal and abnormal) be included in:

- Each set of assays, or
- At least once a shift, or
- When a new bottle of reagent is used, or
- After preventive maintenance is performed or a clinical component is replaced.

Commercially available control material with established creatinine values may be routinely used for quality control.

Failure to obtain the proper range of values in the assay of control material may indicate:

- Reagent deterioration,
- Instrument malfunction, or
- Procedure errors.

The following corrective actions are recommended in such situations:

- Repeat the same controls.
- If repeated control results are outside the limits, prepare fresh control serum and repeat the test.
- If results on fresh control material still remain outside the limits, then repeat the test with fresh reagent.
- If results are still out of control, contact Vitro Technical Services.

INTERFERING SUBSTANCES

- **Anticoagulants:**
The only accepted anticoagulant is heparin.
- **Bilirubin:**
Bilirubin levels higher than 25 mg/dl decrease the apparent creatinine concentration significantly.
- **Drugs:**
Antibiotics containing cephalosporin lead to significant false-positive values. Young⁴ in 1990 has published a comprehensive list of drugs and substances, which may interfere with this assay.
- **Haemoglobin:**
No significant interference from haemoglobin up to a level of 1000 mg/dl.
- **Lipemia:**
Intralipid levels higher than 500 mg/dl decrease the apparent creatinine concentration significantly.
- **Others:**
No significant interference by acetone up to 50 mg/dl, acetoacetate up to 20 mmol/l.

WARNING & PRECAUTION

- Vitro creatinine reagent is for in vitro diagnostic use only. Normal precautions exercised in handling laboratory reagents should be followed.
- The reagent and sample volumes may be altered proportionally to accommodate different spectrophotometer requirements.
- Valid results depend on an accurately calibrated instrument, timing, and temperature control.
- Don't use the reagent if it is turbid.
- Turbid or chylous specimens may produce erratic results. It is recommended that such specimens be centrifuged prior to testing.
- Urine specimen should be boiled briefly before testing.
- Don't pipette reagents by mouth. Wear protective clothing and gloves when handling the picric solution and working solution as both of these solutions stain clothing and skin. If spilled, flush with copious amounts of water.

PERFORMANCE CHARACTERISTICS

Imprecision

Reproducibility was determined using in an internal protocol. The following results were obtained.

	Within Run		Between Day	
	Level I	Level II	Level I	Level II
Control				
Number of samples	40	40	40	40
Mean (g/dl)	2.1	7.1	2.2	7.2
SD (g/dl)	0.05	0.09	0.09	0.18
CV (%)	2.1	1.2	4.1	2.3

results compared by least squares regression. The following statistics were obtained.

Number of sample pairs 45
 Range of sample results 0.68-13.20 mg/dl
 Mean of reference method results 2.4 mg/dl
 Mean of Creatinine results 2.3 mg/dl
 Slope 0.95
 Intercept 0.04 mg/dl
 Correlation coefficient 0.998

Sensitivity

The sensitivity is defined as the change of analytical response per unit change in analyte concentration at a path length of 1 cm.

When run as recommended the sensitivity of this assay is 0.1 mg/dl (8.8 mmol/l).

Linearity

When run as recommended, the assay is linear up to 12 mg/dl (1.062 mmol/l).

If result exceeds 12 mg/dl (1.062 mmol/l), specimen should be diluted with 0.9% NaCl solution and reassayed. Multiply the result by the dilution factor.

BIBLIOGRAPHY

1. **Rock, RC, Walker, WG & Jennings, CD (1987):** Nitrogen metabolites and renal function. In: Tietz NW, ed. Fundamentals of clinical chemistry. 3rd ed. Philadelphia: WB Saunders; 669-704.
2. **Jaffé, M (1986):** ueber den Niederschlag, welchen Pikrinsäure in normalem Harn erzeugt und über eine neue Reaktion des Kreatinins. Z Physiol Chem. 10:391-400.
3. **Di Giorgio, J (1974):** Nonprotein nitrogenous constituents in: Henry RJ, Cannon DC, Winkelman JW, eds. Clinical Chemistry: Principles and Technics. 2nd ed. New York: Harper & Row; 503-557.
4. **Young, DS (1990):** Effects of Drugs on Clinical Laboratory Tests. Third Edition. 1990: 3: 6-12.

SYMBOL DECLARATION

	Manufacturer
	Consult instructions for use
	Batch code (Lot #)
	Catalog number
	Temperature limitation
	In vitro diagnostic medical device
	Use by
	Caution. Consult instructions
	Keep away from light

ORDERING INFORMATION

REF	SIZE
1121	2 x 60 ml
1122	2 x 100 ml
1123	4 x 100 ml

Manufactured in Egypt by:
Method Comparison
 Comparison studies were carried out using a similar commercially available Creatinine reagent as a reference. Serum samples were assayed in parallel and the

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